

CE 5 (close encounter of the fifth kind) sources

A close encounter of the fifth kind is one in which there is bilateral contact with an extraterrestrial entity. This can be through some audible form of communication, or by some form of mental/telepathic communication. The contact can be initiated by either a human or extraterrestrial.

.....

CE 5 Meditation - Steven Greer, 30 m. (17 m. guided, 13 m. silent + mood music)
<https://www.youtube.com/watch?v=ZcqH3XYEGT4>

"This meditation was developed by Dr. Steven Greer to use in CE 5 meditation and can be used to get consciousness in a deep state of unbound mind. In that state it is possible to contact extraterrestrial life forms and to invite any benevolent ET to interact with you."

.....

The Protocol, <https://ce5cph.dk/onetone-front-page/ce5-contact-protocol>
How to set up and handle contact - Steven Greer's sequence of methodical steps.

.....

How To Communicate With Extraterrestrials (ETs): They do not want you to know this!, Michael Sandler with Dr. Steven Greer, July 2022, 1 hour 23m.
<https://www.youtube.com/watch?v=JrAf0AD-IWU>

.....

Working Group Training Manual, Center for the Study of Extraterrestrial Intelligence (CSETI), 118 pages
<https://drstevengreer.com/wp-content/uploads/2012/12/WorkingGroupManual.pdf>

.....

Close Encounters of the Fifth Kind: Contact has Begun, 2020, 2 hours
https://www.youtube.com/watch?v=rb7_BmfDqBw
<https://www.youtube.com/watch?v=Wi3v1VF95q0>
<https://www.youtube.com/watch?v=GqM4S11WUnM>

.....

Finding local contact groups to UFOs and ETs

Some websites include very valuable tools for as a group (or by oneself) preparing for, initiating, experiencing, and afterwards integrating an extraterrestrial contact.

CE-5 Group Finder

<https://ce5groupfinder.com/>, the whole world

local and national CE-5 groups often have a facebook page

ce5europe

<https://ce5europe.com/>

CE-5 Copenhagen

<https://ce5cph.dk/>